

## Pilot SSBC Visit Sample Collection & Shipment Schedule – SCZ and CHR

### Baseline SCZ/CHR Visits

Specimen Type	Local Lab	Ship to IU	Ship to UPenn
Serum	✓	✓	✓
PBMC*		✓	
Plasma		✓	
RNA		✓	
CSF	✓	✓	✓
CSF-Pellet		✓	

### Follow-up SCZ/CHR Visits (6M, 12M, 18M, etc.)

Specimen Type	Local Lab	Ship to IU	Ship to UPenn
Serum	✓	✓	✓
PBMC		X	
Plasma		✓	
RNA		✓	
CSF	✓	✓	X
CSF-Pellet		✓	

\*Collection of PBMC samples should be done only if the participant has provided informed consent

## Pilot SSBC Visit Sample Collection & Shipment Schedule – Controls

### Baseline Control Visits

Specimen Type	Local Lab	Ship to IU	Ship to UPenn
Serum	✓	✓	✗
PBMC*		✓	
Plasma		✓	
RNA		✓	
CSF	✓	✓	✗
CSF-Pellet		✓	

### Follow-up Control Visits (6M, 12M, 18M, etc.)

Specimen Type	Local Lab	Ship to IU	Ship to UPenn
Serum	✓	✓	✗
PBMC		✗	
Plasma		✓	
RNA		✓	
CSF	✓	✓	✗
CSF-Pellet		✓	

\*Collection of PBMC samples should be done only if the participant has provided informed consent